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Good Food Farms Co-Op Newsletter November 2013

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Happy Thanksgiving

What's In The Bag !



Winter greens and salad greens are back, as well as a few surprises to keep the bags full.
Enjoy !

Lamb Meat

WHY GOOD FOOD FARMS

Diana Stefanini, *"Having taken up vegetable gardening a few years ago myself, I can really appreciate the variety of head-scratching challenges – and mouth-watering rewards – that Nature doles out. Through GFF, we get a peek at her truly complex and dynamic ways. By contrast, the grocery store offers a straight-forward selection of pretty much the same veggies year round. How boring! You need a recipe book with pictures to get excited about cooking. Instead, when you eat from the land, Nature's bounty sets the ad hoc stage in the kitchen, and leaves the creative challenge to you. Thank goodness for Google! There are unending recipes for the cucumbers/kale/okra/you-name-it that may be in the bag. I love it !"*

Meeting Saturday November 30th

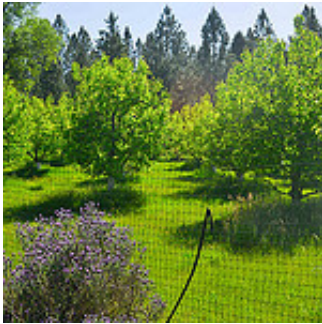
We have been working with the **California Center for Cooperative Development** and are just about ready to file our **Articles of Incorporation**. So, we invite you to a meeting to elect our officers. Although we are working together, making decisions by consent, the filing requires that we have a President, Treasurer and Secretary.

When

Saturday, November 30th 11:00 to 12:30
(but we will likely finish early)



We are continuing to harvest lamb meat. You can place your order for a variety of cuts by calling Gianni at 692-1562 or Aya at 692-9275.



Co-Op Members, please be sure your payment is received no later than the 5th of each month. This greatly simplifies our work and allows us to spend our time well, rather than making lots of reminder calls. This is our operating money.

Make your check out to: *Good Food Farms*. Mail it to: *Paul McGovern, PO Box 309, Oregon House, CA 95962*. And if you're not a member and would like to be, please call *Aya* 692-9275.

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Where
 Database Republic Office
 (across the street from the OH Post Office)

Wwoofers

Welcome Arielle and Marielle. Our two current Wwoofers are staying at Shahar and Aya's house until the first of December. Meanwhile, there will be 1 more person arriving on Saturday the 30th and 2 more on Monday the 2nd, all of whom we need to find accommodations for.

It is a very positive experience to host Wwoofers. They are helpful around your house when not working out in the fields with Shahar, cooking, cleaning, playing with the children or even working in your garden! Please consider hosting a Wwoofers for us. We really need their help and are lucky to have them. We just need to find places for them to stay. Call Aya at 692-9275 if you can host for a week or more. Thank You !

Recycling

Remember to leave out your glass, plastic, metal, and cardboard for recycling. This is a **free service** provided to Co-Op members who also buy the monthly subscription of weekly deliveries.

For those who do subscribe to weekly deliveries, please also leave out for pickup each weeks packaging (strawberry / food baskets, ziplocks, etc). The more we reuse, the less we spend.