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GFF Newsletter Dec 2013 / Jan 2014

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ALL-MEMBER MEETING Jan 11th

Dear GFF Co-Op Members and Supporters,

We are very excited to invite you to an All-Member Meeting to celebrate the official registration of our Co-op with the State of California, and to share with you the vision and the plans for the Co-op. We would also like to share with you how we have been able to accomplish all that we have in our first year of operation, and how we organize and make decisions. Most of all, we want to invite you to join us in these processes in 2014.

We have worked very hard the past many Saturdays preparing for this meeting to greet the new year along with your eager participation. On the agenda will be a tour of our newest farming acquisition as well as luscious local refreshments, and a toast to celebrate our amazing first year.

When: Saturday January 11th from 9:30 to 12:30

Where: Filaki Farms 9156 Nadowa Trail (the road to the right of Cafe Collage)

Yes, this is a three hour meeting with a full agenda, and we hope you will reserve that Saturday morning to help us fulfil our mission in Sociocratic participation. *Please arrive a bit early so we can start on time.*

We hope to see you there,

GFF Executive Team - Virginia, Aya, Lorraine, Gianni, Victor, Paul, Henry



Happy Wwoofers working on the farm. Pictured here are Arielle & Marielle. They stayed for about two weeks, working hard with Shahar through our very snowy days and after. They also enjoyed helping out with cooking, cleaning, and playing with the children. Here's an excerpt from the letter they sent after they left.

"Thank you so much for letting us be a part of your family the last few weeks. It's been wonderful to get a glimpse of your life and this special community. We both feel so lucky to have been a part of what you've created here; from the co-op to your community endeavors, and of course your family. We'd especially like to thank you for introducing us to so many people who were eager to connect and share with us. Love, Marielle & Arielle"

Co-Op Members, please be sure your subscription payment is received no later than the 5th of each month. This greatly simplifies our work and allows us to be able to spend our time well, rather than making lots of reminder calls. This is our operating money. Make your check out to: Good Food Farms. Mail it to: Paul McGovern, PO Box 309, Oregon House, CA 95962. And if you're not a member and would like to be, please call Aya 692-9275.

Interesting Links

A great TED Talk about eating locally. *"It was a different kind of diet. I didn't count calories. I didn't count carbs. I just took 12,500 miles of food off my plate."* [Watch](#)

GMO's - What both sides agree on: [Read](#)

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